

ACU WELLNESS

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Dedicated to Acupuncture Science Association (ASA)

From the Chairman's Desk



It is a great occasion to share with you the great strides made by Acupuncture Science Association (ASA) registered at Ludhiana in 2014 – 15 with its headquarters in IRIIM Bhawan, Howrah, West Bengal. Dr. Debasis Bakshi, General Secretary, ASA India has taken a lot of efforts to streamline Acupuncture course syllabus for all the institutions involved in Acupuncture Training. The syllabus is based mainly under the guidelines set by WHO for Acupuncture practitioners recognition.

In Dec 2015, the Maharashtra Assembly has passed the bill on "Recognition of Acupuncture as a System of Therapy" unanimously and the follow up action is being taken by the Government for implementing this as a regular course.

The Acupuncture system was registered by West Bengal 20 years back (1996) and the health department has recognized it as a

unique therapy in all Government hospitals with M.B.B.S doctors practicing without prescribing much medication.

Following these footsteps, **Tamil Nadu Universities are leading in recognizing and providing Diploma and degree courses in Acupuncture.** Annamalai University, Madurai-Kamaraj University, Tamil Nadu Open University, Bharathiyar University, Vinayaka Mission University, Tamil University, and Maniammai University are all offering different courses in Acupuncture. In Karnataka, Karnataka State Open University is the only University offering this diploma Course in Acupuncture. Apart from this Jadavpur University in Kolkata is well known for its degree Courses in Acupuncture.

It is a very clear trend that Acupuncture Therapy as a scientific method is emerging in INDIA and the Government should encourage such drugless methods mainly to save the population from unnecessary expenditure on drugs.

What is needed is not only the development of Acupuncture in India but also standardization of the syllabus and other basic equipment needed for the assessment. Acupuncture as a therapy is recognized in 100 countries according to World Health Organization.

ASA has taken the necessary steps to standardize the Acupuncture Course and Dr. Bakshi has taken personal interest to train the practicing specialists free of cost for 5 days in the Headquarters of ASA.

Dr. Baskhi has conducted 5 full days residential course in July and Aug 2016. **The August Course was attended by Hlr. Girish from Bangalore Chapter and he found the Course was very informative.** I participated in the concluding session on the last day of the course after visiting IRIIM facilities. Almost all 11 participants from Hyderabad, Telengana, Bihar, Kolkata appreciated the faculties for their knowledge in Acupuncture and for effectively transferring the knowledge to the participants.

I appeal to all Chapters of ASA in INDIA to organize their own Courses as per the WHO guidelines with common syllabus and invite the competent faculties from ASA Headquarters for one or two days to augment the needs. Let us all prepare ourselves to face the test of time with this wonderful scientific Acupuncture Therapy.

Let us unite to get the recognition for Acupuncture in all the states in INDIA.

Dr. H. Bhojraj

Introduction to Acupuncture Science Association (ASA)

Acupuncture Science Association (ASA) was formed in Dec 2013 at the Ludhiana National Acupuncture Meet. A National Level Committee under the Presidentship of Dr. Anish Gupta from Kota, Rajasthan was formed. It was registered as a society under Punjab Societies Registration Act (XXI of 1860) No.239 of 2014-15.

The main aim of this association is to protect the interest of Acupuncture Science and Acupuncture practioners and also to work for the continuous development and advancement of Acupuncture in India.

This forum will encourage the interaction and integration of Acupuncture with related other main therapies.

This forum will serve to bring all the Acupuncture Practioners and Acupuncture Health workers and Scientists under one roof for the betterment of India.

This forum will encourage and arrange regular and special training programs with the other academic and research organizations to standardize the course in INDIA.

ASA offers membership for Acupuncture Practioners, Medical students and any person related to Acupuncture Science in INDIA.

Those interested are required to collect the forms from Hlr. Girish. Ph : 078993 26578. Membership certificate will be sent from Headquarters once approved by the committee.

JOIN THIS ASSOCIATION AND JOINTLY PROTECT YOUR INTEREST

It will help us generate a database and submit to the Government when needed.

Dr. H. BHOJRAJ

Advisor, ASA Chapter, Karnataka



Refresher course participants in IRIIM, Howrah



A report on Acupuncture Refresher Course

By. Hlr. Girish

I was sponsored by Academy for Acupressure & Acupuncture to represent Karnataka Chapter of ASA in the refresher course conducted by Acupuncture Science Association (ASA) from August 8th to 12th 2016. It was a free residential Course for 5 days but lodging, food etc. were charged. The subjects covered were :

- WHO guideline on Acupuncture Training.
- Yin – Yang Theory, Five elements Theory, Zang Fu Theory and its interrelationship.
- Diagnostic methods.
- Differentiation of Syndromes.
- General Principle of Treatment.
- Concept of meridian and its course
- General and Specific points.

It also covered the practical aspects of marking and proportional measurement, Acupuncture point location and pricking, Deqi observation during treatment, Tongue and pulse diagnosis and safety in Acupuncture Therapeutics.

On the final day afternoon, the valedictory function was attended by Dr. H. Bhojraj, Advisor. Bangalore Chapter of ASA. He appreciated the efforts of Dr. Bakshi to standardize the teaching of Acupuncture in INDIA and conveyed his support to the ALL INDIA Associations' goal to get it recognized in INDIA as one of the main therapies with scientific data.

The next course will be held in October in Mumbai.



Feed back

Ms. Indumathi: I have done many Courses with various institutions in INDIA but the way Dr. Chandana and Dr. Sujata Pal taught us practical was the first of its kind.

Learnt tongue and pulse diagnosis thoroughly from Dr. Bakshi.



Invited Lecture on
Acupuncture Courses offered in India
By Dr. Samiullah
On 26th Sep 2016
At 3pm
In our Academy Hall
All Practitioners are welcome

Membership Fee Details

General Membership (1 st Apr to 31 st Mar)	Rs 300/ (1 year)+ Admission Fee (Rs200) Rs 900/ (3 year) + Admission Fee (Rs200)
Life Membership (for 10 years) Should have 5 years experience as practioners	Rs 3000/= + Admission Fee (Rs 200)
Student Membership (No Voting rights)	Rs 200/= (Annual) + Admission Fee (Rs 200)
Associate Membership (No Voting rights)	Rs 300/= (1 year) + Admission Fee (Rs 200) or Rs 900/= (3 years)+ Admission Fee (Rs 200) or Rs 3000/= Admission Fee (Rs 200)
Patron Membership (With Voting rights)	Rs 20,000 + Admission Fee (Rs 200)
Donor Membership (No Voting rights)	Rs. 10,000 + No Admission Fee



Dr. H. Bhojraj with Dr. Bakshi, the faculty members and participants from across INDIA

ACUPUNCTURE SCIENCE ASSOCIATION (ASA)
ALL INDIA COMMITTEE

Chief Advisor : Prof. Dr. Ram Gopal

Former Director, DRDO
Jodhpur, Rajasthan

Advisor : Prof. Dr. S.N. Pandey

Vice Chancellor, Indira Gandhi Technological & Medical Sciences Univ.
Arunachal Pradesh.

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Trivandrum, Kerala

Editor- In- Charge : **Dr. C.K. Raju**

(ASA Newsletter) Chennai, Tamil Nadu

KARNATAKA CHAPTER

Advisor : Dr. H. Bhojraj Rtd. ISRO Scientist

Adhoc Convener : **Dr. Samiullah**

Adhoc President : **Dr. Arvind**

Adhoc Members : **Dr. R. Ravishankar, Mr. Girish. S, Mr. Chandrashekar, Dr. Jose K. C, Mrs. Jija Subramanian**

The Treasurer and the new team will be elected at the 1st meeting to be held on 25th Sep, 2016.

Tamil Nadu, Kerala, Andra Pradesh & Telengana Chapters may kindly send their names of ASA teams for further interaction.

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“Acupuncture Miracle” - Liver Cirrhosis cured with Acupuncture

Says, Dr. R. Ravishankar of Mysuru.

This is a rare and an unusual case for me. The patient of 55 years age suffered from Primary Alcoholic Cirrhosis with malignant tumor of focal mass lesion of 4.2 X 6.0 cms. In segment VII Liver shrunken with hepatomegaly, massive splenomegaly and Portal **hypertension**.

Diffuse Liver causes distortion of the Liver parenchymal texture (internal liver layer or shape of liver). This condition complicates liver transplant due malignant cells. Invariably Chemotherapy is suggested. But at that time HB level dropped to 6.4, the patient felt tired and was not fit enough to undergo radiation therapy.

Dr. S Rajendran, M.S., endoscopic and laparoscopic surgeon from Madurai, contacted me. I explained the cellular rejuvenation by Acupuncture therapy. He was convinced and sent his patient.

After obtaining 2D abdominal sonologic study the patient was treated for 10 days, twice in a day.

After 8 days scanning was repeated.

Senior Doctor declares, **yes miracles do happen in Acupuncture always**. The malignant mass lesions have totally disappeared. The patient was declared **out of danger** and **ruled out** of chronic liver disease. Later liver was revived by tonification points of kidney and lungs. Now the patient is **normal and healthy**. The points treated in the morning session : Liv 13, Liv 14, H 7, P 7, LI 11, LI 4, UB 18, UB 20, UB 21, CV 12.

The points treated in the evening session : Liv 4, Liv 3, St 36, St 40, GB 34, GB 41, Sp 6 and Sp 9

The points treated in both the sessions: Du 20, and Du 14.

[For any clarifications, please contact, Dr. R. Ravishankar. *M. Ac., MD (A.M.), D. Acu., PhD (Reg No, A/14270) can be contacted on 9844136070, or 0821-2333073]*

One day Basic Course

The monthly one day basic course was conducted on 21st of August 2016. It coincided with the birthday of the Chairman, Dr. Bhojraj.

On this occasion, his students conducted free treatment camps at their treatment centre. They have reported that the patients were pleased and amazed by the simplicity of this treatment. Dr. Bhojraj appreciated the efforts of these students and wished them well.



THANK YOU ALL WELL WISHERS

I thank all the Practitioners who have undergone my method of Acupuncture for giving free treatment on my 67th Birth Day to the needy. Having taken so much from the Society we have to give something of value to the world and the world will certainly give the recognition though it may take some time. I request all of you to join our movement for getting recognition for Acupuncture Science in INDIA.

Dr.H.BHOJRAJ

Acupuncture Science Association (ASA)
BANGALORE CHAPTER

The first formal meeting to elect the executive members as per the ASA byelaws will be held on **25th September 2016 in Hotel Chalukya**, at 10AM followed by presentation on **Liver diseases by Dr. Ravi Shankar, on Arthritis by Dr. Samiullah and on Spleen problem by Dr. H. Bhojraj.**

All the members are requested to attend the meeting and register for the technical presentation.

Those who are interested in attending the seminar have to pay Rs. 500/= for Lunch & Tea for member and Rs.1000/= for non-members.

Kindly send the form to Mr. Girish.

Dr.H.BHOJRAJ

25-09-2016

Tentative Programme

9.30 - 10 AM- Registration of ASA Members

10 - 11 AM - First formal meeting to elect office bearers

11 - 11.15 AM – Tea

Non- Members can come at 11.30 am

11.30am -1.00pm – I session – Liver Diseases

1.00- 2.00pm – Lunch

2.00 - 3.00pm – II Session – Arthritis

3.00 - 4.00pm – III Session – Spleen Problems

4.00 - 4.15pm – Tea

4.15 - 4.45pm – Discussion

Last date for registration: 10th September 2016

Name:

Address:

Phone No:

Yes, I am attending the seminar. Cheque for Rs. 500/Rs. 1000 drawn in the name of Mr. Girish is enclosed.

Send this form to :

Mr. Girish.S

C/o Academy for Acupressure & Acupuncture, 2596, 11th Main, E Block, II Stage, Rajajinagar, Bangalore-560010

Date:

Signature