## **Diabetes Mellitus**

A complex metabolic disorder involving carbohydrate, fat and protein. It results in an accumulation of sugar in the blood and urine and is the result of a lack of insulin produced by the pancreas, so that sugars are not broken down for release. Fats are thus used as an alternative energy source.

Symptoms include thirst, polyuria (excessive urination), loss of weight and the use of fats can produce ketosis.

Dietary control and regular walking exercise are necessary to avoid medication.

General formula - Increase Yin Humidity. Pulse Diagnosis will show the exact organ causing the problem.

For lean people  $\uparrow$  Sp-3  $\downarrow$  Liv-1  $\uparrow$  Lu-8  $\uparrow$  P-7 For fat people  $\downarrow$  Sp-3  $\uparrow$  Liv-1  $\downarrow$  Lu-8  $\downarrow$  P-7

